Filed by Foundation Coal Holdings, Inc.
Pursuant to Rule 425 under the
Securities Act of 1933 and deemed filed
pursuant to Rule 14a-12 under the
Securities Exchange Act of 1934

Subject Company: Alpha Natural Resources, Inc. Commission File No.: 1-32423

RUNNING RIGHT



Alpha Natural Resources – Foundation Coal Merger

Roadshow Presentation

June 2009









Forward Looking Statements

Information set forth in this document contains forward-looking statements, which involve a number of risks and uncertainties. Alpha Natural Resources, Inc. ("Alpha") and Foundation Coal Holdings, Inc. ("Foundation") caution readers that any forward-looking information is not a guarantee of future performance and that actual results could differ materially from those contained in the forward-looking information. Such forward-looking statements include, but are not limited to, statements about the benefits of the business combination transaction involving Alpha and Foundation, including future financial and operating results, the new company's plans, objectives, expectations and intentions and other statements that are not historical facts.

The following factors, among others, could cause actual results to differ from those set forth in the forward-looking statements: the ability to obtain regulatory approvals of the transaction on the proposed terms and schedule; the failure of Alpha or Foundation stockholders to approve the transaction; the risk that the businesses will not be integrated successfully; the risk that the cost savings and any other synergies from the transaction may not be fully realized or may take longer to realize than expected; disruption from the transaction making it more difficult to maintain relationships with customers, employees or suppliers; competition and its effect on pricing, spending, third-party relationships and revenues. Additional factors that may affect future results are contained in Alpha's and Foundation's filings with the SEC, which are available at the SEC's web site http://www.sec.gov. Alpha and Foundation disclaim any obligation to update and revise statements contained in these materials based on new information or otherwise.

Additional Information and Where to Find It

In connection with the proposed merger, Foundation will file with the Securities and Exchange Commission (the "SEC") a Registration Statement on Form S-4 that will include a joint proxy statement of Alpha and Foundation that also constitutes a prospectus of Foundation. Alpha and Foundation will mail the joint proxy statement/prospectus to their respective stockholders. Investors and security holders are urged to read the joint proxy statement/prospectus regarding the proposed merger when it becomes available because it will contain important information. You may obtain a free copy of the joint proxy statement/prospectus (when available) and other related documents filed by Alpha and Foundation with the SEC at the SEC's website at www.sec.gov. The joint proxy statement/prospectus (when it is available) and the other documents may also be obtained for free by accessing Alpha's website at www.sec.gov. The joint proxy statement/prospectus (when it is available) and the other documents may also be obtained for free by accessing Alpha's website at www.sec.gov. The joint proxy statement/prospectus (when it is available) and the other documents may also be obtained for free by accessing Alpha's website at www.sec.gov. The joint proxy statement/prospectus (when it is available) and the other documents may also be obtained for free by accessing Alpha's website at www.sec.gov. The joint proxy statement/prospectus (when it is available) and the other documents may also be obtained for free by accessing Foundation's website at www.sec.gov. The joint proxy statement/prospectus (when it is available) and the other documents may also be obtained for free by accessing Foundation's website at www.sec.gov. The joint proxy statement/prospectus (when it is available) and the other documents may also be obtained for free by accessing Foundation's website

Participants in the Solicitation

Alpha, Foundation and their respective directors, executive officers and certain other members of management and employees may be soliciting proxies from stockholders in favor of the merger. Information regarding the persons who may, under the rules of the SEC, be considered participants in the solicitation of the stockholders in connection with the proposed merger will be set forth in the joint proxy statement/prospectus when it is filed with the SEC. You can find information about Alpha's executive officers and directors in Alpha's definitive proxy statement filed with the SEC on April 3, 2009. You can find information about Foundation's executive officers and directors in their definitive proxy statement filed with the SEC on April 3, 2009. You can obtain free copies of these documents from Alpha or Foundation using the contact information above.



Transaction Summary



| 69 | Foundation stockholders to receive 1.084 Alpha shares for each Foundation share | |
|-------------------------|--|--|
| Per Share Consideration | Transaction value of \$2.0 billion, including \$530 million of net debt ⁽¹⁾ | |
| | Combined enterprise value of \$4.0 billion | |
| Premium | Exchange ratio represents a 37% premium to Foundation stockholders based on the 5-day average closing prices as of 5/08/09 | |
| Characterist | All-stock, tax-free merger | |
| Structure | Pro forma shares outstanding: 121 million basic, 123 million fully diluted | |
| Pro Forma Ownership | 59% Alpha / 41% Foundation, based on fully-diluted basis | |
| | Regulatory approvals, including HSR clearance | |
| Closing Conditions | Alpha and Foundation stockholders' approval | |
| | No financing condition (plan in place to preserve Foundation debt) | |
| Board of Directors | 10 members: 6 from Alpha; 4 from Foundation; 7 of which are independent | |
| Headquarters | Abingdon, VA | |
| Name | Alpha Natural Resources, Inc. | |
| Timing | Transaction expected to be completed second half of 2009 | |
| | | |



Compelling Strategic Rationale



- Increases scale and scope, creating a premier U.S. coal company
- Niversifies operating risk and balances product mix through national footprint
- Combines quality reserves, creating fourth-largest reserve base in U.S.
- Blends operations well-suited to cope with near term markets and benefit from price recovery
- Ensures strong near-term cash flow supported by favorable committed position
- Produces substantial annual synergies—conservatively estimated at \$45 mm—beginning in 2010
- Positions company for growth, with strong balance sheet and substantial liquidity
- Joins two experienced management teams with complementary values and established track records



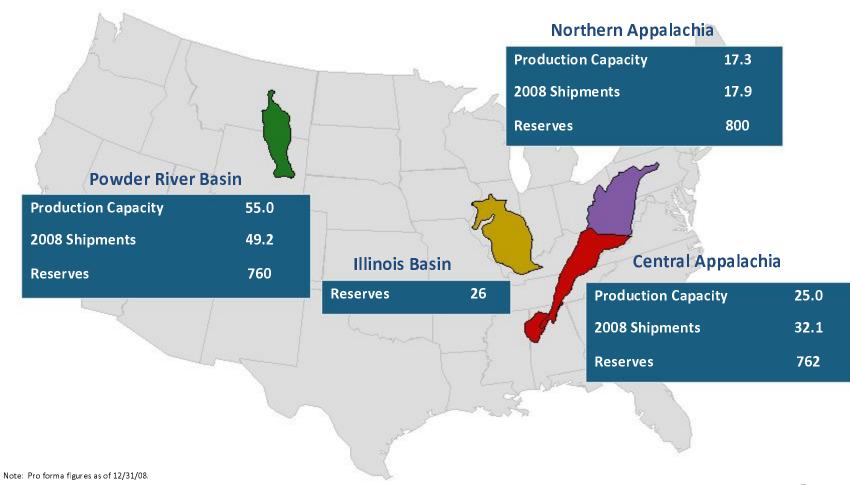
Foundation Coal - The Right Partner







(Proforma combined operations - all figures in millions of tons)

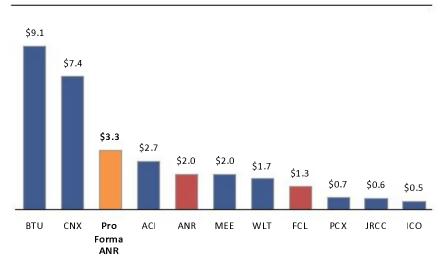




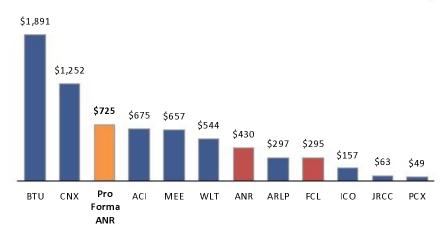
Creating a Premier U.S. Coal Company



Market Capitalization (1) (\$ in billions)



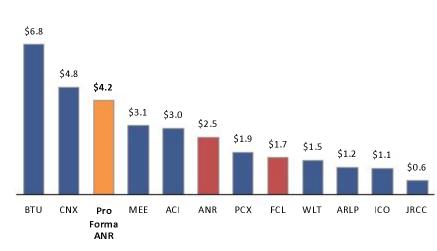
LTM 3/31/09 EBITDA (2) (\$ in millions)



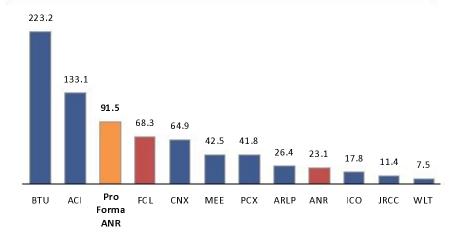
Source: Company filings.

- (1) Market data as of 5/29/09. Pro forma ANR at transaction exchange ratio.
- (2) Based on Alpha Natural Resources, Inc. Reported EBITDA and Foundation Coal Corporation Adjusted EBITDA.

LTM 3/31/09 Revenue (\$ in billions)



LTM 3/31/09 Production (mm tons)

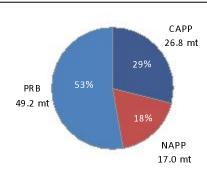




A Diversified National Footprint

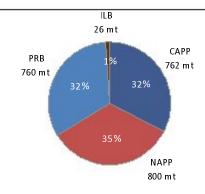


2008 Pro Forma Production = 93.0 mt



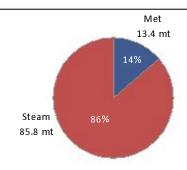
 Geographical diversification smoothes demand variations between regions

2008 Pro Forma Reserves = 2.3 bt



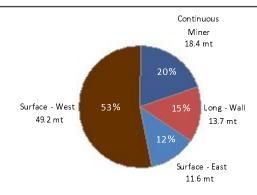
- Diverse, high quality reserves enhance blending capabilities
- Large NAPP/PRB mines complement smaller CAPP mines

2008 Pro Forma Coal Sales = 99.2 mt



- Thermal business provides stability to sales portfolio
- Adds to Alpha's leading met position in U.S.

2008 Pro Forma Mining Methodology Mix



Most diversified mining portfolio, with 35 underground mines, 24 surface mines and 14 preparation and blending plants



Complementary Core Values



- Conduct business ethically, honestly and with integrity
- Safe practices are essential; employees are our most valuable resource
- Strive for excellence and continuous improvement
- Be a good citizen to the community and the environment
- Customer satisfaction is our primary business focus
- Work as a team
- Treat all stakeholders with respect and dignity



Meaningful Combined Organic Growth Profile



| | | Project | Resource | Capacity | Comments |
|-----|------|------------------------------|----------|--|--|
| | PRB | PRB Expansion (Phase III) | n/a | 65 mtpy | Expand capacity by 10 mtpy as conditions warrantAchieved through additional truck/shovel equipment |
| 86 | | Belle Ayr LBA | 200 mt | n/a | LBA sale expected in 2010 |
| 000 | NAPP | Foundation Mine | ~420 mt | 7-14 mtpy (Pitt #8 longwalls) 3 mtpy (Sewickley CM) | Will sustain NAPP production as Emerald depletes (2018), and later Cumberland (mid 2020s) Expansion opportunity up to 3mtpy in Sewickley seam |
| | 2 | Freeport Mine | ~73 mt | 3 mtpy | Will produce high quality, high volmet coal Incremental growth opportunity (not replacement) |
| | | Harts Creek Mine | ~95 mt | 2-3 mtpy | Located near Laurel Creek loadoutand prep plantUp to 4 underground supersections |
| | CAPP | Deep Mine 41 | ~34 mt | 1.1 mtpy | High quality met or steamBelt directly to prep plant |
| | | Deep Mine 37 | ~5.8 mt | ~540 ktpy | High quality met or steamDual rail loading capability (CSX, NS) |



Freeport Project Details



- Located in NE Greene County, PA approximately 10 miles NE of Waynesburg
- Coal will be mined from the Freeport seam containing high quality metallurgical grade coal
- The reserve area contains approximately 73 million tons of controlled reserves
- Adjacent reserves could add approximately 45 million tons of similar quality
- Projected production of ~3 million clean tons per year, utilizing continuous miner technology
- Monongahela River location provides significant transportation and cost advantage
- Initial production could begin in 2012 with full production expected 1-2 years later

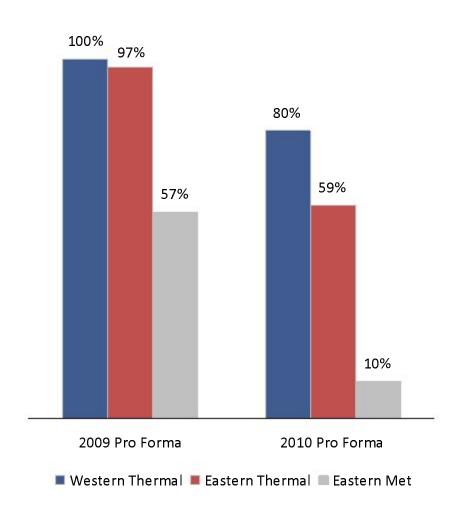


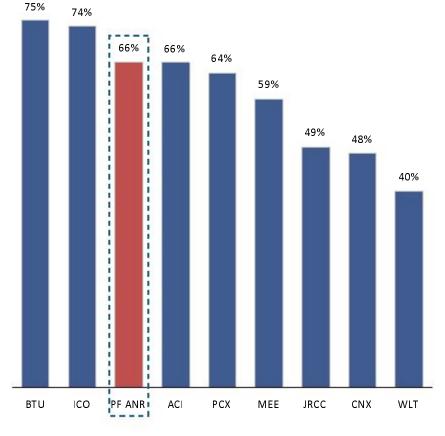
Favorable Near-Term Committed Position



Percentage Planned Sales Committed and Priced

2010 Committed Position vs. Peer Group (1)



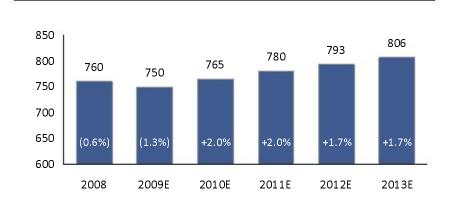




Attractive Long-Term Coal Fundamentals

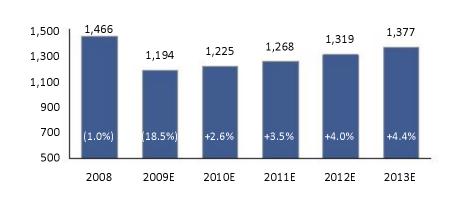


U.S. Net Internal Power Demand (GW)



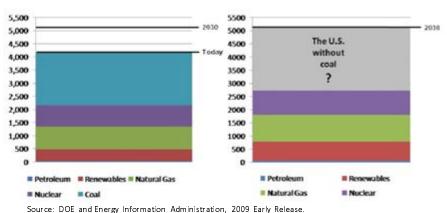
Source: Wall Street research.

Global Crude Steel Production (mt)

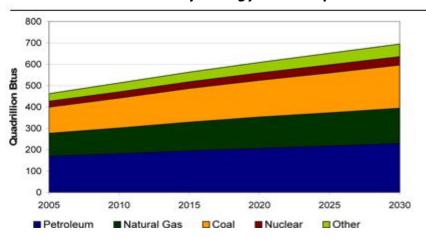


Source: AME

U.S. Electricity Generation (bn of KWh by fuel source)



World Primary Energy Consumption



Source: Energy Information Administration, IEO 2008 Forecast.

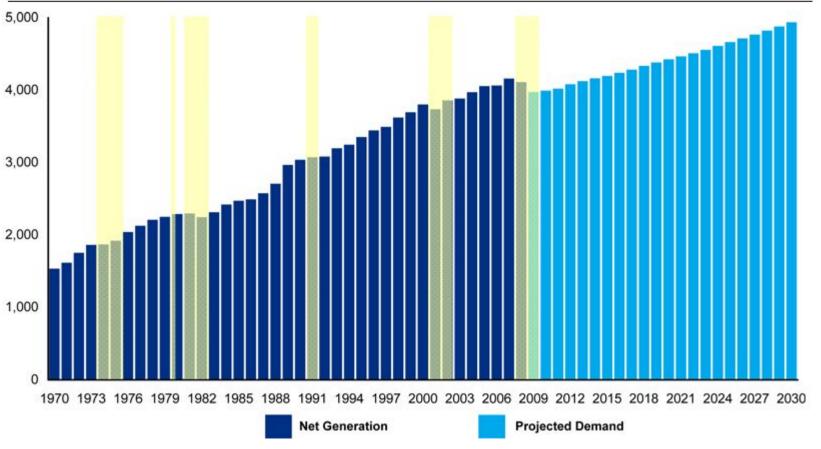


Unyielding Growth in U.S. Electricity Demand



U.S. electricity generation, while slowing for the third time in 30 years, is set to resume its historical growth trend.

U.S. Electricity Net Generation and Projected Demand (kWh in billions)

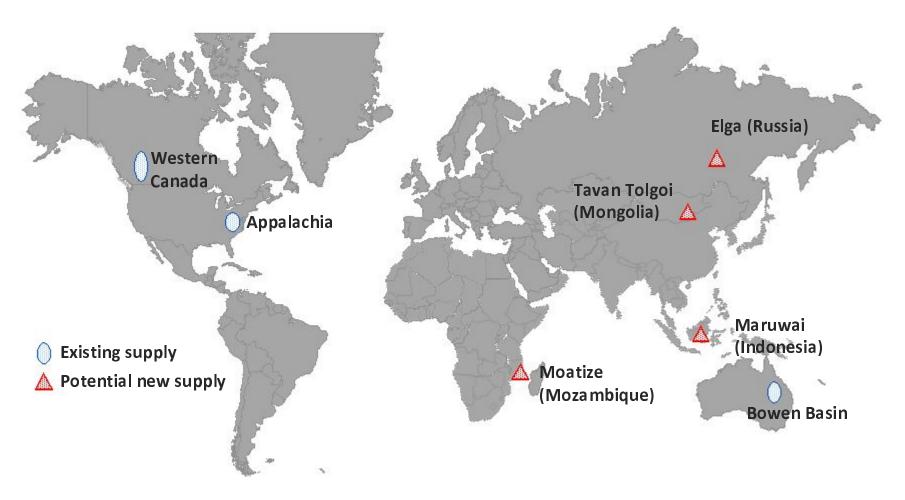




Known Met Coal Deposits Relatively Scarce



Known potential sources of new supply necessary to meet forecast demand are limited and challenged.



RUNNING RIGHT



Financial Highlights







Comprehensive Financing Strategy



Creating an optimal capital structure, using a portion of Alpha's cash balance and preserving Foundation's debt.

Alpha Debt

- Cancel \$375mm revolver and repay \$233 mm Term Loan B with cash.
- Maintain \$288 mm convertible notes

Foundation Debt

- Maintain \$500 mm revolver and \$302 mm Term Loan A, but amend select nonfinancial covenants
 - ❖ 94% of participating lenders consented to the amendment on 5/22/09
 - Amendment eliminates capex limitation and increases accordion feature of revolver to \$200 mm
- Maintain \$298 mm senior notes, and modify select covenants via consent solicitation

Transaction is not subject to financing.



Low Leverage and Strong Liquidity



The new Alpha will have leverage of approximately 1.2x and cash and borrowing capacity of approximately \$750 mm at announcement.

As of 3/31/2009

| | 710 01 07 027 2000 | | | | | |
|---|--------------------|-------------|------------|-----------|--|--|
| (\$ in millions) | Maturity | Alpha | Foundation | Pro Forma | | |
| Cash & Equivalents | | \$693 | \$70 | \$409 | | |
| \$500 mm Foundation Revolving Credit Facility | Jul-2011 | \$0 | \$0 | \$0 | | |
| Foundation Term Loan A | Jul-2011 | | 302 | 302 | | |
| Alpha Term Loan B | Oct-2012 | 233 | | | | |
| Alpha 2.375% Convertible Notes | Apr-2015 | 288 | | 288 | | |
| Foundation 7.25% Senior Unsecured Bonds | Aug-2014 | | 298 | 298 | | |
| Other Debt | | 13 | 0 | 13 | | |
| Total Debt | | \$534 | \$600 | \$900 | | |
| Liquidity and Credit Statistics | | | | | | |
| Cash & Equivalents | | \$693 | \$70 | \$409 | | |
| Revolver and A/R Securitization Facility | | 460 | 500 | 585 | | |
| Less: Letters of Credit Outstanding | | (80) | (171) | (251) | | |
| Total Liquidity | | \$1,073 | \$398 | \$743 | | |
| Total Debt / LTM Reported EBITDA | | 1.2x | 2.0x | 1.2x | | |
| LTM EBITDA (1) | | \$430 | \$295 | \$725 | | |

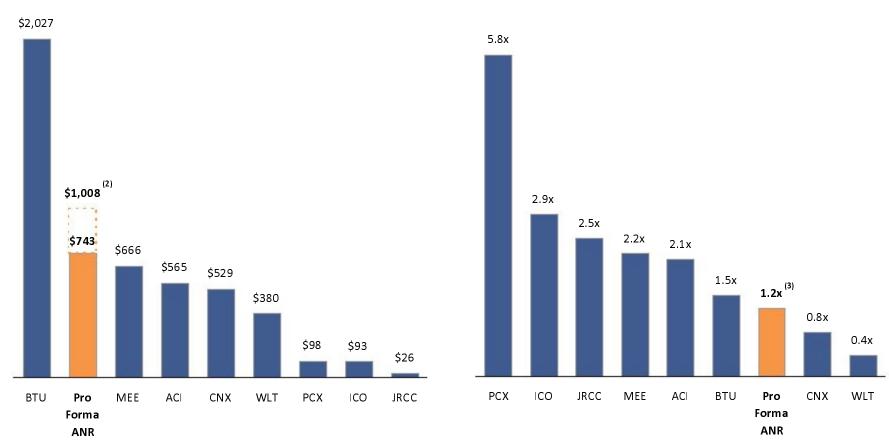


Industry Leading Liquidity and Leverage Position

Further strategic growth opportunities – organic or M&A – would be actionable due to excellent liquidity and low leverage.

Liquidity - Cash & Revolver Capacity (1) (\$ in millions)

Leverage - Total Debt/LTM EBITDA



Source: Company filings. Balance sheet data as of 3/31/09.

⁽¹⁾ Calculated as cash and cash equivalents plus revolver, A/R and CP facility availability, which is capacity less borrowings and LC usage.

⁽²⁾ Potential revolver accordion exercise of up to \$200 mm and A/R facility upsize of up to \$65 mm.

⁽³⁾ Based on Alpha Natural Resources, Inc. Reported EBITDA and Foundation Coal Corporation Adjusted EBITDA.



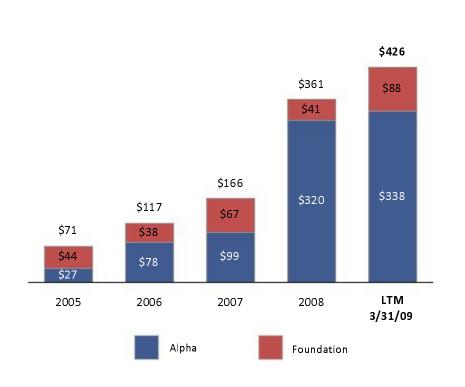
Strong Track Record of Free Cash Flow

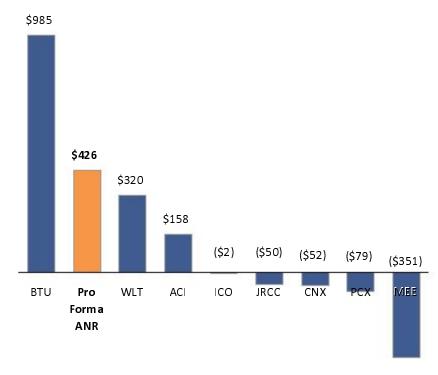


Both Alpha and Foundation have a strong track record of free cash flow generation. Free cash flow provides source of funds for acquisitions and organic growth.

Historical Free Cash Flow (\$ in millions)

LTM 3/31/09 Free Cash Flow vs. Peers (\$ in millions)







Meaningful Combined Synergies



Initial annual net synergies conservatively estimated at \$45 million at full run-rate, with additional potential synergies to be determined post-close.

Marketing

Blending and mix optimization; freight savings; export terminal operations

Purchasing

Capital equipment; strategic supply sourcing; other services

Administrative

Audit, consulting and professional services; insurance; corporate governance

TBD

Potential synergies in: supply logistics; steam-met swaps; contract review/optimization; improved commodity trading strategies; prep plant optimization; unexplored blending opportunities; etc.



Robust Financial Outlook



2010 Management Estimates

| W | Alpha Natural Resources | FOUNDATION COAL HOLDINGS, INC. | Synergies | Total |
|------------------------------|-------------------------|-----------------------------------|-------------|-----------------|
| Production (mt) | 22 - 24 | 70 - 74 | | 92 - 98 |
| Revenue (\$ bn) | \$1.8 - \$2.2 | \$1.6 - \$2.0 | | \$3.4 - \$4.2 |
| EBITDA (\$ mm) | \$375 - \$425 | \$470 - \$530 | \$45 | \$890 - \$1,000 |
| Capital Expenditures (\$ mm) | \$110 - \$135 | \$240 - \$290 | | \$350 - \$425 |

Expected to be accretive to Alpha's 2010 EPS and CFPS (1)

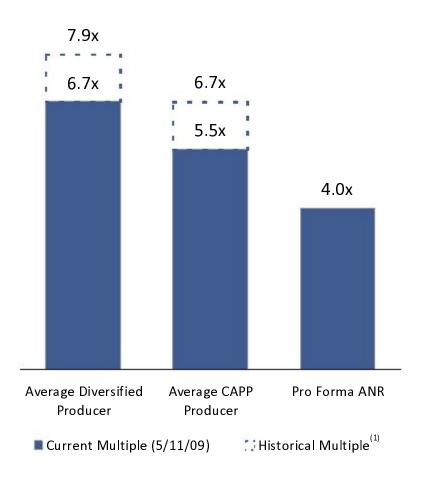


Potential Value Through Multiple Expansion



Firm Value / 2010E EBITDA

Illustrative Analysis



| Illustrative Change in Multiple | Implied Change in Pro Forma Alpha Stock Price |
|------------------------------------|---|
| +0.5x | 14% |
| +1.0x | 29% |
| +1.5x | 43% |
| +2.0x | 57% |
| | |

Source: FactSet, company filings and Wall Street consensus estimates as of 5/29/09.

Note: Pro Forma 2010E EBITDA based on midpoint of management 2010E EBITDA estimate.

Diversified Producers includes BTU, CNX and ACI.

CAPP Producers includes ICO, JRCC, MEE, PCX and WLT.

⁽¹⁾ Based on three year average of 2-year forward multiple prior to Lehman bankruptcy (9/15/08).



Compelling Strategic Rationale



- Increases scale and scope, creating a premier U.S. coal company
- Niversifies operating risk and balances product mix through national footprint
- Combines quality reserves creating fourth-largest reserve base in U.S.
- Blends operations well-suited to cope with near term markets and benefit from price recovery
- Ensures strong near-term cash flow supported by favorable committed position
- Produces substantial annual synergies—conservatively estimated at \$45 mm—beginning in 2010
- Positions company for growth, with strong balance sheet and substantial liquidity
- Joins two experienced management teams with complementary values and established track records

RUNNING RIGHT



Alpha Natural Resources – Foundation Coal Merger



